**“My Lord and My God”**

Going deeper in John 20:24-29

**INTRODUCTION** – Jesus has been crucified. They have laid him in a tomb. He has been resurrected and appeared first to Mary Magdalene. Then he appeared to eleven of the other disciples. This is what happens next.

**READ** – *Read (passage) aloud. Read it several times. Listen for what the Spirit of God is saying, don’t just think about it.* 24 But Thomas who was one of the twelve (sometimes called Didymus or the Twin) was not with the disciples when Jesus came. 25 The other disciples told him, “We have seen the Lord.” But he said to them, “Unless I see the nail holes in his hands and I put my fingers into those nail holes and I put my hand in his side I will not believe. 26 A week later (Sunday) the disciples were together again in the room and Thomas was with them this time. Jesus came through the doors that were locked and stood among them and said, “Peace to you.” 27 Then he spoke directly to Thomas, “Take your finger and examine my hands. Take your hand and put it in my side. Don’t be unbelieving, but believe.” 28 Thomas said, “My Lord and my God!” 29 Jesus said, “So you have seen me and believed; there are even more blessings in store for those who believe without seeing.

**ENGAGE** – *Questions for going deeper. God is speaking… to you.*

1. Why do you think Thomas was not with the other disciples?

2. What made it hard for Thomas to believe the other disciples? What makes for people to believe today?

3. What do you think it was like for the disciples and Thomas to be together for a week after the other disciples had seen Jesus, but Thomas had not?

4. Why do you think Jesus showed up for Thomas when the disciples where together rather than when Thomas was alone?

5. Where do you need the Lord’s peace in your life right now?

6. When was the time that you made that step to tell Jesus, “You are my Lord and my God?” Who is the Lord Jesus calling you to help make that step of faith?

**PRAY** – *God has spoken. So, reply.*

\*Thank the Lord Jesus for being your Lord and your God.

\*Ask the Lord to help you trust his peace in all the areas of each day this week.

\*Ask the Spirit of God to use you in the life of every Thomas in your life.

**LIVE** – *This is where the rubber hits the road.*

In the middle of his questions Jesus meets Thomas. Thomas declares to Jesus and the world, “My Lord and my God.” How will you show the world in word and deed this week that Jesus is your Lord and your God?